



Pembina Active Living (55+)

PROGRAM REGISTRATION INFORMATION

Program registration can be in-person, by email or mail.

Physical Address: 933 Summerside Ave. Winnipeg, MB, R3T 4Y1 - Trinity United Church

Mailing Address: PO Box 34056 Fort Richmond PO. R3T 5T5

Website: www.pal55plus.ca

Email: office@pal55plus.ca

Phone: (204)946-0839

Facebook: [pal55plus](https://www.facebook.com/pal55plus)

Instagram: [pal55plus](https://www.instagram.com/pal55plus)

Office Hours: Monday-Thursday: 9:00 am – 3:00 pm

Office Open: Monday & Thursday: 9:00 am – 1:00 pm

Tuesday & Wednesday: 9:00 am – 3:00 pm

Payment Options:

- E-transfer to treasurer@pal55plus.ca
- Cheques payable to PAL (55+)
- NO POST-DATED CHEQUES WILL BE ACCEPTED.
- Program Fees include GST.
- Payment confirms your registration

PAL (55+) reserves the right to cancel any class that does not meet the minimum registration requirements.

A full refund will be issued.

Please Note

1. For **ALL** programs, you must register to be a PAL (55+) member, unless otherwise stated.
2. Registration starts **Tuesday, December 10th at 11am** and is first come first served in person or via email!
3. You must fill out a program registration form for all programs you want to participate in.

LET'S BE PAL'S!