



## Pembina Active Living (55+)

*“Enhancing the lives of older Adults in South Winnipeg”*

### Nomination Application For PAL (55+) Board of Directors

(Please complete form and email, mail or return to PAL office [treasurer@pal55plus.ca](mailto:treasurer@pal55plus.ca))

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_ EMAIL \_\_\_\_\_

PHONE # (Home) \_\_\_\_\_ (Cell) \_\_\_\_\_

1. Please indicate your experience with non-profit organizations and on Boards, plus other relevant volunteer experience.

---

---

---

---

2. Please indicate your knowledge, expertise and skills that would be useful in governing PAL (55+).

---

---

---

---

3. Please indicate any other related work experience (if applicable)

---

---

---

4. Why do you want to serve on the Board of Pembina Active Living (55+)?

---

---

---

5. Availability for meetings: Daytime \_\_\_\_\_ Evenings \_\_\_\_\_

Applicant's Signature \_\_\_\_\_ Date \_\_\_\_\_

Nominator (if applicable) \_\_\_\_\_ Date \_\_\_\_\_