



Pembina Active Living (55+)
“Enhancing the lives of older Adults in South Winnipeg.”

Call for Nominations - PAL (55+) Board of Directors

Pembina Active Living (55+) is inviting nominations for Directors to serve on our Board.

The Board is responsible for the financial and logistical governance of PAL (55+). We offer a variety of weekly classes (fitness, sports, artistic, educational, etc.) social opportunities, monthly clubs, presentations, and annual events.

We encourage all PAL (55+) members to consider serving on the Board.

PREFERRED ASSETS

- A knowledge of Pembina Active Living (information available at <https://pal55plus.ca>).
- Prior non-profit Board or Committee experience (finance, governance).
- Ability to attend meetings and contribute to discussions.
- Ability to participate in short-term and long-term planning.
- Ability to make decisions for the benefit of PAL (55+).
- Intention to serve on the board for a three-year term.

Nomination forms are available from Wendy Memryk, Chair of the Nominating Committee at treasurer@pal55plus.ca, or at the PAL (55+) Office.

Deadline for submitting nominations to Nominations Chair
Noon on Monday, June 17, 2024.

Notes for new Board members:

- For questions and more information about Board duties, please contact the Nominations Chair.
- Orientation, mentorship, and assistance will be provided for first-time Board members.
- The **Election** of the new Board of Directors will be held at the PAL (55+) Annual General Meeting held on Thursday, June 27, 2024, at 1:00 pm.
- The **Election of the new Executive Committee** (President, Vice-president, Treasurer, Secretary) will be held at the first meeting of the Board of Directors immediately after the AGM on Thursday, June 27, 2024 (time TBD).