



Winnipeg Regional Health Authority
Caring for Health

Office régional de la santé de Winnipeg
À l'écoute de notre santé

Palliative Care Interdisciplinary Grand Rounds

*This Group Learning program has been certified by the
College of Family Physicians of Canada and the Manitoba Chapter for 1 Mainpro+ credit*

Featuring Guest Speaker: Dr. Tharaga Kugathasan

*Palliative Care Fellow – Enhanced Skills Palliative Care Resident, R3
Palliative Medicine, University of Manitoba*

Vicarious Trauma within Palliative Care Medicine: Its Ok, not to be Ok

This presentation will address identifying vicarious trauma effects in the setting of Palliative care. We will look at the challenges faced and the implications these experiences carry in affecting caregiver's quality of life. Focus will be on raising awareness in identifying signs and symptoms of vicarious trauma within oneself and others. Through reviewing various modalities of treatment, we will identify ways to prevent and work with vicarious trauma.

DATE: Wednesday, February 21, 2024

TIME: 12:00 p.m. to 1:00 p.m.

PRESENTED VIA MS TEAMS:

Click Here to: [Join Session](#)

MB Telehealth Video Conference ID: 1198946455

Or call in (audio only): + 1 204-815-1742 **Phone conference ID:** 932568640#

CME LEARNING OBJECTIVES

- 1. Define vicarious trauma in the setting of Palliative Care Medicine*
- 2. Recognize how to identify vicarious trauma within yourself and others*
- 3. Identify ways to prevent and deal with vicarious trauma*

**You can request MB Telehealth at 1-866-999-9698 Option 4 to add your site to the session.
Please note date, time, video conference number, and WRHA Palliative Care Interdisciplinary Grand Rounds.**

**Linking sites, please prepare and distribute your own poster with your local information
in case of questions from site members.**

THESE ROUNDS ARE OPEN TO EVERYONE