

## **Eleanor Single**

Eleanor has been leading the SMART (Seniors Making Active Roles Together) program since 2005. She received her training through the Victorian Order of Nurses (VON) and at the Canadian Centre for Activity and Aging. Eleanor currently teaches Seniors Fitness at the Fort Garry Community Centre and is also a Ballroom Dance enthusiast and instructor. Eleanor was a Reh-Fit Centre “Healthy Living” award nominee in 2012.